

# WOCOA Menu for April 2017

<b>Mon, Apr 3, 17</b>	<b>Tue, Apr 4, 17</b>	<b>Wed, Apr 5, 17</b>	<b>Thu, Apr 6, 17</b>	<b>Fri, Apr 7, 17</b>
Salisbury Steak with Gravy Mashed Potatoes w/gravy Green Beans WW Bread Fresh Fruit Milk	Pork Patty w/Onions & Gravy & peppers Lima Beans Toss Salad w/dressing WW Roll Fruit Cobbler Milk	Baked Chicken w/ mushroom Gravy Black-eyed Peas Broccoli WW Roll w margarine Mixed Fruit Milk	Ground Beef & Macaroni W/ Tomatoes Sweet Peas Seasoned Baby Carrots Oatmeal Raisin Cookie Milk	Hot Dog Baked Beans Cole Slaw WW Bun Cobbler Milk ketcnup/mustard/ Relish
<b>Mon, Apr 10, 17</b>	<b>Tue, Apr 11, 17</b>	<b>Wed, Apr 12, 17</b>	<b>Thu, Apr 13, 17</b>	<b>Fri, Apr 14, 17</b>
Baked Chicken White Acre Peas Stewed Squash WW Bread/ margarine Fruited Gelatin Milk	Hamburger Steak w/Peppers & Onions Turnip Greens Okra & Tomatoes Cornbread w/ margarine Fruited Yogurt Milk	Spaghetti & Meat Sauce Noodles Toss Salad w/Dressing Garlic Bread or Sticks Spiced Apples Milk	Roasted Beef and Gravy Roasted Potatoes Cut Green Beans WW Roll w margarine Fresh Fruit Milk	Tuna Salad Broccoli Salad Lettuce & Tomato & Mayonnaise WW Bread x 2 Fresh Fruit Milk
<b>Mon, Apr 17, 17</b>	<b>Tue, Apr 18, 17</b>	<b>Wed, Apr 19, 17</b>	<b>Thu, Apr 20, 17</b>	<b>Fri, Apr 21, 17</b>
Turkey w/Gravy Pinto Beans Cabbage WW Bread/ margarine Banana Pudding Milk	Chili with Beans WK Corn Toss Salad w/dressing Cornbread Fruit Cobbler Milk	Chicken-N-Noodles Navy Beans Stewed Tomatoes Yogurt Milk	Pork Chop Sweet Potatoes Greens Cornbread w/margarine Fresh Fruit Milk	Hamburger Baked Beans Lettuce & Tomato Ket/Must/Relish WW Bun Fruit Crisp Milk
<b>Mon, Apr 24, 17</b>	<b>Tue, Apr 25, 17</b>	<b>Wed, Apr 26, 17</b>	<b>Thu, Apr 27, 17</b>	<b>Fri, Apr 28, 17</b>
Meat Loaf w/Tomato Sauce Lima Beans Steamed Cabbage WW Roll Fresh Fruit Milk	Baked Chicken Baked Sweet Potatoes Brussel Sprouts WW Roll w/margarine Fresh Fruit Milk	Salisbury Steak Pinto Beans Broccoli/Cheese WW Roll w/margarine Fruited Gelatin Milk	Chicken Salad Potato Salad Lettuce & Tomato & Mayonnaise WW Bread (2 slices) Oatmeal Cookie Milk	BBQ Shredded Pork Baked Beans Cole Slaw WW Bun Fruit Cobbler Milk